

基本信息

姓名 Zhuang She, PhD **Gender** Male
TEL 电子邮箱 cdsz_2008@yeah.net

Educational Background

◇	2019.9-2023.6	East China Normal University	Counseling Psychology	PhD
◇	2022.5-2023.6	McGill University	Counseling Psychology	Visiting scholar
◇	2013.9-2016.6	Central China Normal University	Counseling Psychology	Master
◇	2008.9-2012.6	Yangtze University	Applied Psychology	Bachelor

Research Topics

Research topics: evidence-based practice, client preferences, client feedback.

Peer Review publications

[1] **She, Z.**, Xi, J., Cooper, M., Norcross, J. & Malta, G. D. (2023). Validation of the Cooper-Norcross Inventory of Preferences (C-NIP) in Chinese psychotherapy clients and mental health professionals: Factor structure, measurement invariance, and scale differences. *Journal of Counseling Psychology*.

[2] **She, Z.**, Duncan, B. L., Reese, R. J., Sun, Q., Shi, Y., Jiang, G., Wu, C., & Clements, A. L. (2018). Client feedback in China: A randomized clinical trial in a college counseling center. *Journal of Counseling Psychology*, 65(6), 727-737.

[3] **She, Z.**, Ng, K. M., Hou, X., & Xi, J. (2022). COVID - 19 threat and xenophobia: A moderated mediation model of empathic responding and negative emotions. *Journal of Social Issues*, 78(1), 209-226.

[4] **She, Z.**, Zhou, N., Li, D., Ren, S., Ji, W., & Xi, J. (2022). Does COVID-19 threat increase xenophobia? The roles of protection efficacy and support seeking. *BMC Public Health*, 22(1), 1-10.

[5] **She, Z.**, Li, D., Zhang, W., Zhou, N., Xi, J., & Ju, K. (2021). Three versions of the perceived stress scale: psychometric evaluation in a nationally representative sample of Chinese adults during the COVID-19 pandemic. *International Journal of Environmental Research and Public Health*, 18(16), 8312.

[6] **She, Z.**, Řiháček, T., Xu, J., Yang, W., Xu, D., Zhou, N., ... & Xi, J. (2022). Psychometric Evaluation of the Cooper–Norcross Inventory of Preferences–Therapist Version. *Assessment*, first online.

[7] **She, Z.**, Shi, Y., Duncan, B. L., Xie, D., Xi, J., Sun, Q., & Ji, W. (2021). Psychometric properties and longitudinal invariance of the session rating scale in Chinese clinical samples. *Current Psychology*.

[8] Shi, Y., **She, Z.**[#], Zhou, Z. E., Zhang, N., & Zhang, H. (2022). Job crafting and employee life satisfaction: A resource - gain - development perspective. *Applied Psychology: Health and Well - Being*.

[9] Shi, Y., **She, Z.**[#], Li, D., Zhang, H., & Niu, K. (2021). Job crafting promotes internal recovery state, especially in jobs that demand self-control: a daily diary design. *BMC Public Health*, 21(1), 1-13.

[10] Shi, Y., Li, D., Zhou, Z. E., Zhang, H., **She, Z.**^{*}, & Yuan, X. (2023). How Work–Nonwork Conflict

Affects Remote Workers' General Health in China: A Self-Regulation Theory Perspective. *International Journal of Environmental Research and Public Health*, 20(2), 1337.

[11] Wang, Q., **She, Z.**, Xi, J., Ding, F., & Xu, Z. (2022). Psychometric Evaluation of the Chinese Version of the Revised Spontaneity Assessment Inventory (SAI-RC). *The Arts in Psychotherapy*, 101935.

[12] Di Malta, G., **She, Z.**, Raymond - Barker, B., & Cooper, M. (2023). Extended validation of the Relational Depth Frequency Scale: Retest reliability, divergent and criterion validity, and measurement invariance in UK - and US - stratified samples. *Journal of Clinical Psychology*.

[13] Zhou, N., Sun, Y., **She, Z.**, Xu, X., Peng, Y., Liu, X., & Xi, J. (2022). Grief and growth among Chinese parents who lost their only child: the role of positive and negative experiences of social support from different sources. *European Journal of Psychotraumatology*, 13(1), 2079874.

[14] Xi, J., Gao, Y., Lyu, N., **She, Z.**, Wang, X., Zhang, X. A., ... & Qian, X. (2022). Effect of the "Art Coloring" Online Coloring Game on Subjective Well-Being Increase and Anxiety Reduction During the COVID-19 Pandemic: Development and Evaluation. *JMIR Serious Games*, 10(3), e41253-e41253.

Scholarship and Awards

- ✧ Outstanding graduates of Shanghai (June, 2023);
- ✧ National scholarship for graduate student (October, 2022);
- ✧ "Outstanding Student" of East China Normal University (October, 2022);

Training Experience

- ✧ Humanistic Psychotherapy;
- ✧ Certified trainer to teach, train and implement the Partner for Change Outcome Management System (PCOMS).

Working Experience

- ✧ 2014.9-2015.12 Counseling Center of Central China Normal University Intern
- ✧ 2016.7-2019.07 Counseling Center of Shanghai Institute of Technology Full-time therapist